



FOOTHILL YOUTH BASKETBALL

SUNNYVALE · LOS ALTOS · LOS ALTOS HILLS · MOUNTAIN VIEW

FYB Practices

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Hat Tip: Michiel Ligthart



Intro

- Remember: We are guests in our gyms
 - No food and drinks (except water)
 - We will get blacklisted if we don't adhere to their rules and COVID protocols.
- Gym time is precious, so be on time
 - If you are late, your players will be late next practice as well
- Be courteous
 - To other users
 - To other FYB teams
 - To the people opening / closing the gyms
- Pick up your trash
 - Bottles, sweaters, etc.
 - Even if it is not yours
- Lock up if you are the last user of the day

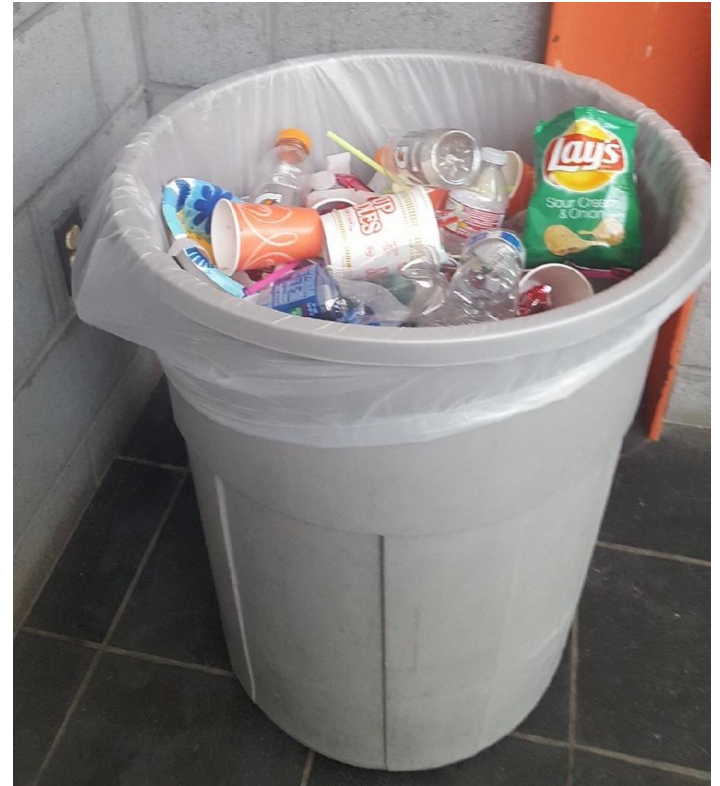


Picture from Egan custodial staff

This was not FYB (couldn't have been!) ■

We don't want to get these emails. They also have city staff monitoring COVID compliance.

No food or drinks in the gyms except water !



Practice allotment

- Nov / Dec
 - 2 practices per week, 1 hr each. (what we're shooting for)
 - One on a weeknight (Mon - Thu)
 - D3 teams get first digs at 6 pm slots
 - One in the weekend (Fri - Sat)
- Open Item: Pro-Clinics and Weekend Practices
 - Nov/Dec can drop down to 1 practice/week if there are too many conflicts. Only avoid hard conflicts when you sign up!
- Jan / Feb
 - One practice per week, 1.5hrs.



Practice Slots(1 hr) for Nov-Dec for 32 Teams

We're very constrained for gym space!

	EGL	EGS	BLL	BLS	TOTAL
MON	2	3	2	2	9
TUE	6	0	1	2	9
WED	6	3	0	2	11
THU	6	0	1	2	9
WEEKDAY	20	6	4	8	38
FRI	6	4	9	4	23
SAT	PRO.CLINIC	10	9	*	19
WEEKEND	6	13	18	4	42

Practice preferences

- Sign-up is on-line
 - Spreadsheet on Google docs.
 - Link was emailed to all head coaches with this presentation.
 - Contact your DIV coordinator if you didn't get it.
- Regular Mon – Fri slots are 6 – 9 pm
- Sat slots are 8 am – 7:30 pm
- Few 4:30 and 5 pm slots available on Fri afternoon at Egan and Blach. Indicate if it works for you on the form.
- Tell me if you coach multiple teams in the comment section and if you want back to back practices.
- Make sure to enter a mobile number

On-line form

- Looks like this

name	email	phone	Mon	Tue	Wed	Thu	Fri	Sat am	Sat pm
Michiel			Y	N	P	N	5P	N	N

- Choose a weekday (Mon – Thu) **and** a weekend (Fri – Sat) slot
 - Choices are Y, N, P, 5Y, 5P, 4Y, 4P
- Also indicate gym location preferences(Egan/Blach)
- Intent is to give you your day and location preference
 - May not always work, but we try our best
- Do not make changes post Sat Oct 16

Practice time communications

- Practices start Mon Nov 1
- **Intent is to assign your practice times before draft night**
- Initial schedule is labeled PRELIMINARY
 - Do not communicate to your players
 - Tell me if there is a *real* conflict within 24 hrs
 - Remember, every change involves at least 2 teams, and often more
- Pending minor changes another schedule will be released, labeled FINAL
- With the schedule comes a PDF file with important info
 - General rules and regulations for each gym, keyless entry codes, etc.
 - Read it !
- Jan / Feb schedule will be released around Dec 20



Conflicts are unavoidable

- We schedule ~600 practices
 - School gyms are sometimes used for other purposes
 - If we know, we inform you in advance and try to reschedule
- Otherwise, make the best of it
 - Move over to the large gym and share a court with another team
 - Never make a stink
 - Let us know and we try to inform other teams
- Holiday activities in Dec
 - Many gyms are used by the schools for winter concerts etc.
 - We will have to double up teams in other gyms



Where are the gyms?

Egan Gyms

100 West Portola Avenue
Los Altos, CA 94022

Blach Gyms

1120 Covington Road
Los Altos, CA 94024



How do you get in the gyms

- All gyms at Egan and Blach require an access card
 - We will distribute the card to the first coach of the day
 - If your are selected to carry a card, you are responsible to open up
 - If you don't show up on time, the other teams are stuck



- If you lose a card, let me know ASAP. If you are unable to open, you can reach out to me, your DC or Subu, so the next practices are not stuck.

Shutdowns



- No practices Thanksgiving Nov 22 – 26
- No practices Christmas Dec 20 – Jan 2
– Practices resume Mon Jan 3, 2022

Games schedule

- Sun, Nov 21 - Scrimmage
 - Schedule will be provided ~ Nov 14th
- Sun, Dec 5 - First Game
- Game schedule Released by end Nov
 - Cannot change that schedule
 - Coaches with 2 teams will be accommodated
- Game days
 - 12/5, 12/12, 12/19, 1/9, 1/16, 1/23, 1/30 with 1 doubleheader!
- Foothill Tournament
 - Sat/Sun Feb 5th & 6th

